



GALAKTOBOUREKO with ORANGE SALAD

Peggy Kerdo

(1) Almond Mixture

Ingredients:

1/2 Cup roasted almonds

Pinch of cinnamon

1 Tablespoon icing sugar



- 1. Chop 1/2 cup roasted almonds finely and mix with sugar & cinnamon.
- 2. Set aside.

(2) Lemon Sugar Syrup

Ingredients:

2 Cups of sugar

1 Cup of water

Zest of 1 lemon

Method:

- 1. Bring 2 cups of sugar, 1 cup of water, and the zest of one lemon to boil.
- 2. Set aside.



Ingredients:

2-3 finger limes

10 leaves of mint

2 Tablespoons Yuzu

6 Tablespoons of mixed candied citrus fruits

Sugar

6 dates

10 oranges

Cinnamon (when serving)

Few drops of orange flower water







sugar syrup

Method:

- 1. Peel skin from oranges, remove outer membrane & put clean segments into a bowl. Squeeze the pulp reserving all the juice with them.
- 2. Carefully cut the finger limes and squeeze the pearls into the bowl with the orange segments and juice.
- 3. Pour yuzu sugar syrup & drops of orange flower water over the oranges.
- 4. Stone dates, cut into matchsticks and roll in sugar.
- 5. Slice mint leaves finely.
- 6 Set aside





(4) Custard Ingredients:

2 cups milk 1/2 cup sugar

2 small eggs 1/4 cup fine semolina

1/2 cup sugar 30g butter

Method:

- Bring milk & half the sugar to boil in a saucepan.
- Rain semolina onto the hot milk & bring to the boil again.
- Whisk eggs and remaining sugar in a separate bowl.
- Add hot milk & semolina mixture on to the eggs, add butter and stir well.
- 5. Pour into a buttered rectangular ramekin (small enough that the mixture will be 1 - 1 1/2 inches in height).
- 6. Cook at 165°C for 30-40 minutes with a tray on top of the ramekin to avoid skin forming. Leave to cool. When cold turn the custard out and cut into 6 large fingers.

(5) Filo Pastry Method

2 cups milk

1/2 cup sugar

2 small eggs

1/2 cup sugar

1/4 cup fine semolina

Ingredients: Method:

- 1. Cut the filo pastry into 6 x 30 cm long pieces.
- 2. Brush generously with melted butter & sprinkle with almond mixture.
- On each sheet place one finger of custard and roll into tubes.
- Brush with butter again, sprinkle with more almond mixture and then bake at 200°C for 10 - 12 minutes.
- 5. Place in warm lemon sugar syrup straight out of the oven for ½ minute before serving.

(6) To Serve

- Place oranges and finger limes with juice onto 6 plates.
- 2. Sprinkle with candied fruit, mint leaves, sugared dates, pistachio nuts & cinnamon.
- 3. Cut hot galaktoboureko in half and place on top.
- 4. Spoon a bit of yuzu syrup over the top.



